

PERFORMANCE IMPROVEMENT TRACKING CHART

You are about to start the supplementation of Max International's superior and unique nutraceutical products.

MaxGXL provides the proper nutrients needed to enhance the body's ability to manufacture and absorb glutathione, a foundational cellular protein required for life. Glutathione plays a principal role in creating energy and helping your body utilize oxygen. Abundant glutathione levels allow your body to recover faster following strenuous exercise and neutralize free radical production that occurs naturally from exercising. The quicker you recover, the quicker you can return to activity. Glutathione can serve as a keystone to your athletic success.

Max N-Fuze features specially selected nutrients that support the creation of the internal antioxidants superoxide dismutase, catalase, and CoQ10. Max N-Fuze was designed to complement the function of MaxGXL. Max N-Fuze allows groundbreaking nano technology for unsurpassed delivery of nutrients directly to the cell with a fusion of 19 high performance macro and 22 nano ingredients. This formula not only replaces multivitamin and mineral formulas, but it also complements MaxGXL by supporting additional antioxidant defenses and cellular energy production. **Max N-Fuze supports 3 vital areas of health:**

1. Vitamin and mineral needs
2. Internal antioxidants superoxide dismutase, catalase, and CoQ10
3. Supports cellular energy (ATP)

ATP (adenosine triphosphate) is the energy of life. Preserving ATP in heart cells is what sustains the pulsation of cells and life itself. Max N-Fuze provides the nutrients d-ribose and CoQ10, which are two of the most important ingredients in the manufacture of ATP.

The chart below allows you to track your results. Benefits are optimized over time and may vary from person to person. Fill out the chart below BEFORE starting MaxGXL and Max N-Fuze. Be sure to fill out the chart at the end of each week for four weeks and compare the scores. Rate from 1 to 3.

1 = Experiencing Problems 2 = Slight Improvement 3 = Dramatic Improvement

	Before	Week 1	Week 2	Week 3	Week 4
Energy Level					
Muscle Discomfort					
Workout Recovery					
Emotional Stress					
Sleep Quality					
Mental Focus					
Joint Comfort					
TOTAL					

Comments/Results

* Share your comments and results with us, submit to productinfo@maxgxl.com